## Table of Contents

Acknowledgements Foreword		4 9
Part 1 – From Table to Thought: Savouring Food Studies through the Social Sciences and Humanities		
2.	Does Food in History Matter? Food in the South African History Curriculum Nomkhosi Mhlanga	29
3.	Death of a Market: Social Grant Pay Points and their Effect on Food Inequality, Farmer Opportunities and Communities in KwaZulu-Natal Nkululeko Shabalala	47
4.	Capital and Paternalism in Agriculture: The Case of Malapeng Citrus Farm Gabe Vermeulen	67
5.	Marginal Urban Farming in Avondale, Harare: A Political Ecology Perspective <i>Michelle Masuku</i>	85

6.	Participation and Land Access of Urban Smallholder Farmers: Implications for Food Production <i>Nthabeleng Tamako and Joyce Chitja</i>	115		
Part 2 – Food, Subjectivities, Identities				
7.	Symbolic Meaning-making in Traditional Wedding Foods Amongst the AmaZulu in KwaZulu-Natal <i>Balungile Zondi</i>	145		
8.	Thinking Through Food in South Africa: Identity-making, Embodiment and Representation <i>Ayanda Tshazi</i>	175		
9.	Recipes as Alternative Archives – A South African Perspective <i>Rachel C. Botes</i>	195		
10.	Pakkies aan Boetie: Christian Afrikaner Women Remembering Conscription in South Africa between 1980 and 1990 <i>Dominique Wnuczek-Lobaczewski</i>	219		
11.	Goeie Grond: A Visual Journal on the Elandskloof Community Garden Project Nina du Preez and Christi Bleeker	233		
12.	On Kitchens and Cookbooks Rory Bester and Karen Dudley	255		
13.	<b>Kitchens, Archives and Cookbooks</b> Rory Bester, Shireen Abrahams, Limpho Makapela and Amber Poggenpoel	265		

Part 3 - Representing and Imagining Food		275
14.	Halaal Food Positioning Practices in Haram Dominant Foodscapes in Cape Town <i>Ammaarah Seboa</i>	281
15.	"Eating the Other" at Disney's Animal Kingdom Park and Resort Ani Steele	309
16.	Mass and Social Media, Food and Navigating "Being Black and Middle Class" in South Africa Pamela Gysman	335
17.	Class Act: Gay Culinary Adventures in Pietermaritzburg Brian Sibeko	361
18.	<b>Kitchen Confessions: A Photo Essay</b> Marié-Heleen Coetzee and Nicola Haskins with Priyanka Bandu, Nikita Dyers, Lebogang Lebethe, Dineo Mapoma and Siyabonga Radebe	379
19.	A Gelukksdal Funeral Limpho Makapela	393
List of Contributors		415
Index		419